

# **RAINFOREST TREK AT PERIYAR**

3 Days

## Trekking Holiday















## **Trip Highlights**

- Safari to the interiors of the Periyar Tiger Reserve
- Opportunity to spot wildlife
- Trekking through thick rainforest



## At a Glance

Tropical rain forests still hold mysteries & many wildlife species which are unique. The well laid out trails are unique and an excellent way to explore these marvels of nature. The forests & the open grasslands here are home to large animal populations - the elephant, gaur, deer, Nilgiri langur, leopards, Jungle cats, most importantly the tiger.

## **Distance Chart- Trekking**

Day I		8 KM
Day 2		12 KM
Day 3	Transfer	
Skill Set	-	
â 🎹	M	Comfort
<i>#</i>		Grade



## **RAINFOREST TREK AT PERIYAR**

Trekking Holiday 3 Days

## **Detailed Itinerary**

Day 01: We will start our adventure with a jeep safari into the forests at Gavi, within the Periyar Tiger Reserve. Our trek will be towards Meenar through thick tropical rain forests. This is the home range of the rare and endangered Lion Tailed Macaques, besides an excellent spot for birds & rare butterflies, as well as large herds of elephants and gaurs. We will camp in tents in the middle of the rain forest.

Day 02: After breakfast, we will continue our trek towards Chenthamara Kokka. The trek passes through typical grassland-shola eco-systems. We will reach in time for a late lunch and camp for night within the forest. Deep trenches keep elephants out of the camping area. In the evening trek to sunset point and return to camp by nightfall. Camp fire in the evening.

Day 03: Early morning trek to Gavi. Depart.

#### **Inclusions**

- Trekking, camping, guide
- Accommodation in dome tents
- Refreshments
- Mineral water while trekking
- All meals

#### **Exclusions**

- Insurance –please take your own insurance
- Tips
- Beverages
- Laundry
- Telephone bills
- Expenses of a personal nature





## **RAINFOREST TREK AT PERIYAR**

Trekking Holiday 3 Days

## **GENERAL INFORMATION**

## **VISA**

Visitors to India must obtain a Visa before departure. All visa information is subject to change. You should confirm all visa related issues with the nearest Indian Embassy/ High Commission/ Consular Office for the same.

#### AIRPORT TAX

Airport or departure taxes are not applicable if you depart from Kochi.

## **CURRENCY EXCHANGE**

You can exchange your money at most major towns. ATMs are found in most Keralan towns. Credit cards are not accepted during this tour.

#### **INSURANCE**

It's advisable to take personal travel insurance policy to cover against sickness, accident, loss of baggage, unexpected alterations to travel arrangements and travel disruption, cancellations, etc.

## COMMUNICATION

**Internet Access:** If you need to be in touch with your friends & relatives while travelling we recommend email. Email cafes are generally available throughout the region.

**Telephone:** It is possible to make international calls in most phone booths in Kerala towns. Most hotels have facility for international calls.

## **CLIMATE**

The South Indian subcontinent is tropical - warm, humid and often wet. During the main monsoon, (July to September) there is heavy rain. Best time to visit Kerala is from October-March.

#### **FOOD**

Food is a very important part of these journeys and we have ensured that the Kerala Cuisine is a part of this adventure besides both North Indian & South Indian food - vegetarian and non vegetarian. All meals and bottled mineral water are provided on all days. Any special food requirements could be met if sufficient notice is given.

## **SAFETY**

Our guides have been adequately trained & qualified in first aid and always carry a comprehensive first-aid kit. In case of any medical emergency we have facilities to transfer you to the nearest hospital immediately, followed by evacuation to the tertiary-care hospital at Kochi (if required).

## WHAT TO PACK

- Warm sets of clothes (Fleece, Jacket, hat and gloves) are required for trips going through Munnar and other high altitude areas
- Hiking shorts
- Hiking pants/track pants
- Waterproof jacket
- Casual Shirts/T-shirts

## **OTHERS**

- Binocs & Camera (optional)
- Water proof bags for docs & Electronics
- Personal First Aid Kit
- Torch
- Insect repellent
- Sunglasses, cap
- Sun screen of SPF at least 35
- Canteen
- Day pack

